

HARTMAN PERSONALITY PROFILE

1.
A) __Opinionated
B) __Nurturing
C) __Inventive
D) __Outgoing
2.
A) __Power-oriented
B) __A perfectionist
C) __Indecisive
D) __Self-Centered
3.
A) __Dominant
B) __Sympathetic
C) __Tolerant
D) __Enthusiastic
4.
A) __Self-serving
B) __Suspicious
C) __Unsure
D) __Naive
5.
A) __Decisive
B) __Loyal
C) __Contented
D) __Playful
6.
A) __Arrogant
B) __Worry Prone
C) __Silently Stubborn
D) __Flighty
7.
A) __Assertive
B) __Reliable
C) __Kind
D) __Sociable
8.
A) __Bossy
B) __Self-Critical
C) __Reluctant to do
D) __A Teaser
9.
A) __Action-oriented
B) __Analytical
C) __Easygoing
D) __Carefree
10.
A) __Critical of others
B) __Overly Sensitive
C) __Shy
D) __Obnoxious
11.
A) __Determined
B) __Detail Oriented
C) __A Good listener
D) __A party person
12.
A) __Demanding
B) __Unforgiving
C) __Unmotivated
D) __Vain
13.
A) __Responsible
B) __Idealistic
C) __Considerate
D) __Happy
14.
A) __Impatient
B) __Moody
C) __Passive
D) __Impulsive
15.
A) __Strong-willed
B) __Respectful
C) __Patient
D) __Fun-Loving
16.
A) __Argumentative
B) __Unrealistic
C) __Directionless
D) __An Interrupter
17.
A) __Independent
B) __Dependable
C) __Even-Tempered
D) __Trusting
18.
A) __Aggressive
B) __Frequently depressed
C) __Ambivalent
D) __Forgetful
19.
A) __Powerful
B) __Deliberate
C) __Gentle
D) __Optimistic
20.
A) __Insensitive
B) __Judgmental
C) __Boring
D) __Undisciplined
21.
A) __Logical
B) __Emotional
C) __Agreeable
D) __Popular
22.
A) __Always Right
B) __Prone to feel Guilt
C) __Unenthusiastic
D) __Uncommitted

23.

- A) __ Pragmatic-Practical
- B) __ Well-Behaved
- C) __ Accepting
- D) __ Spontaneous

24.

- A) __ Merciless
- B) __ Thoughtful
- C) __ Uninvolved
- D) __ Show off

25.

- A) __ Task-oriented
- B) __ Sincere
- C) __ Diplomatic
- D) __ Lively

26.

- A) __ Tactless
- B) __ Hard to Please
- C) __ Don't get much done
- D) __ Loud

27.

- A) __ Direct
- B) __ Creative
- C) __ Adaptable
- D) __ A Performer

28.

- A) __ Calculating
- B) __ Self-Righteous
- C) __ Self-Deprecating
- D) __ Disorganized

29.

- A) __ Confident
- B) __ Disciplined
- C) __ Pleasant
- D) __ Charismatic

30.

- A) __ Intimidating
- B) __ Careful
- C) __ Unproductive
- D) __ Afraid to Face Facts

If I applied for a job, a prospective employer would most likely hire me because I am:

- A) __ Driven, direct & delegating
- B) __ Deliberate, accurate & reliable
- C) __ Patient, Adaptable & Tactful
- D) __ Funloving, spirited & casual

When involved in an intimate relationship, If I feel threatened by my partner, I:

- A) __ Fight back with facts and anger
- B) __ Cry, feel hurt and plan revenge
- C) __ Become quiet, withdrawn and hold anger until I blow up over time over some minor issue
- D) __ Distance myself and avoid further conflict

For me, life is most meaningful when it:

- A) __ Is task-oriented and productive
- B) __ Is filled with people and purpose
- C) __ Is free of pressure and stress
- D) __ Allows me to be playful, lightheartedness and optimistic

As a child I was

- A) __ Stubborn, bright and /or aggressive
- B) __ Well-behaved, caring and/or depressed
- C) __ Quiet, easy-going and/or shy
- D) __ Too talkative, happy and/or playful

As an adult, I am

- A) __ Opinionated, determined and/or busy
- B) __ Responsible, honest and/or unforgiving
- C) __ Accepting, contented and/or unmotivated
- D) __ Charismatic, positive and/or obnoxious

In an argument with a friend I am most likely

- A) __ Verbally stubborn about facts
- B) __ Concerned about others feelings & principals
- C) __ Silently stubborn, uncomfortable and/or confused

- D)___Loud, uncomfortable and/or compromising
 If my friend was in trouble, I would be
 A)___Protective, resourceful and recommend solutions
 B)___Concerned, empathetic and loyal—regardless of the problem
 C)___Supportive, patient and a good listener
 D)___Nonjudgmental, optimistic and downplaying the seriousness of the situation

- When making decisions, I am
 A)___Assertive, articulate and logical
 B)___Deliberate, precise, and cautious
 C)___Indecisive, timid and reluctant
 D)___Impulsive, uncommitted and inconsistent

- When I fail, I feel
 A)___Silently self critical, yet verbally stubborn and defensive
 B)___Guilty, self-critical and vulnerable to depression-I dwell on it
 C)___Unsettled and fearful, but I keep it to myself
 D)___Embarrassed and nervous—seeking to escape the situation

- If someone crosses me
 A)___I am angered and cunningly plan ways to get even quickly
 B)___I feel deeply hurt and find it almost impossible to forgive completely.
 C)___I am silently hurt and plan to get even and/or completely avoid the other person
 D)___I want to avoid confrontation, consider the situation not important enough to bother with and/or seek other friends

- Work is
 A)___A most productive way to spend one's time
 B)___A healthy activity, which should be done right if it's to be done at all. Work should be done before one plays

- C)___A positive activity as long as it is something I enjoy and don't feel pressured to accomplish
 D)___A necessary evil, much less inviting than play.

- In social situations, I am most often
 A)___Feared by others
 B)___Admired by others.
 C)___Protected by others.
 D)___Enviied by others.

- In a relationship, I am most concerned with being
 A)___Approved of and right.
 B)___Understood, appreciated and intimate.
 C)___Respected, tolerant and peaceful.
 D)___Praised, having fun and feeling free.

- To feel alive and positive, I seek:
 A)___Adventure, leadership and lots of action
 B)___Security, creativity and purpose
 C)___Acceptance and safety
 D)___Excitement, playful productivity and the company of others

Total A responses:

Total B responses:

Total C responses:

Total D responses:

Red _____
 Blue _____
 White _____
 Yellow _____